

8 km

Overall

Rank	Name	Bib No.	Result	CP1	CP3	Finish
256	Yuen, Isaac	256	01:05:11.1	09:53:15	10:25:01	10:50:11.1
301	Lyons, Issy	301	01:09:39.8	09:52:27	10:28:29	10:54:39.8
259	Fouquet, Jean Charles	259	01:11:00.4	09:52:18	10:29:32	10:56:00.4
74B	Richard, Valerie	74B	01:11:47.9	09:53:04	10:29:51	10:56:47.9
74A	Noraz, Pierre	74A	01:11:50.0	09:53:01	10:29:52	10:56:50.0
269	Tam, Ide	269	01:12:33.0	09:54:35	10:29:36	10:57:33.0
267	Molnar, Christopher	267	01:13:07.6	09:52:25	10:30:52	10:58:07.6
271	Fjeld Dahl, Torbjorn	271	01:13:19.3	09:51:40	10:30:12	10:58:19.3
266	Li, Chan	266	01:14:58.5	09:52:58	10:32:54	10:59:58.5
225	Whitehair, Jennifer	225	01:17:12.7	09:54:27	10:32:23	11:02:12.7
206	Calivo, Myrrha	206	01:19:45.5	09:54:19	10:34:47	11:04:45.5
261	Garcia Campo, Santiago	261	01:22:34.5	09:54:43	10:37:07	11:07:34.5
223	Shing, Serena	223	01:23:26.1	09:53:52	10:37:46	11:08:26.1
263	Kwok, Kelvin	263	01:24:07.1	09:55:18	10:39:08	11:09:07.1
221	Wada-Thomas, Naoko	221	01:24:18.7	09:55:43	10:38:07	11:09:18.7
213	Ko, Pamela Charlie	213	01:24:30.1	09:53:50	10:37:43	11:09:30.1
264	Lau, Samson	264	01:25:31.0	09:56:33	10:39:03	11:10:31.0
252	Kelleher, Jackson	252	01:25:43.5	09:53:11	10:38:28	11:10:43.5
260	Fu, Yin Wing	260	01:25:52.0	09:56:11	10:39:10	11:10:52.0
251	Avern, Neil	251	01:26:44.8	09:55:40	10:39:30	11:11:44.8
207	Luscaw, Daisy	207	01:27:08.8	09:54:05	10:38:54	11:12:08.8
219	Taperre, Joyce	219	01:28:05.1	09:55:23	10:38:03	11:13:05.1
257	Burton, Scott	257	01:29:06.7	09:51:28	10:27:25	11:14:06.7
258	Demalsip, Louel	258	01:31:18.3	09:55:47	10:40:27	11:16:18.3
201	Arangorin, Maricel	201	01:33:21.3	09:55:35	10:39:56	11:18:21.3
216	Lopez, Rocio	216	01:33:42.5	09:55:53	10:44:11	11:18:42.5
215	Leung, Yim Ting	215	01:34:34.7	09:58:02	10:46:23	11:19:34.7
265	Lee, Che Wai	265	01:34:58.4	09:56:29	10:46:02	11:19:58.4
210	Dela Cruz, Cristina	210	01:38:52.4	09:55:55	10:45:32	11:23:52.4
212	Gillies, Elisa	212	01:39:10.6	09:54:17	10:42:24	11:24:10.6
209	Cabria, Sharon S.	209	01:43:49.6	09:57:34	10:49:31	11:28:49.6
211	Escano, Lovella	211	01:43:55.1	09:57:59	10:49:32	11:28:55.1
205	Safavi, myrell	205	01:46:45.9	09:59:34	10:51:53	11:31:45.9
203	Sabondo, Anna Cel	203	01:48:52.6	09:56:00	10:47:10	11:33:52.6
224	Lim, Kaling	224	01:50:11.1	09:55:50	10:53:23	11:35:11.1
255	YIM, Tsun Lok	255	01:53:08.0	09:58:35	10:52:39	11:38:08.0
220	Tamate, Cynthia	220	01:55:31.7	09:58:23	10:57:58	11:40:31.7
75A	Jocson, May	75A	01:56:15.6	09:58:22	10:58:33	11:41:15.6
75B	Mataganas, Tata	75B	01:56:21.2	09:58:07	10:58:21	11:41:21.2
208	Mimi, Asminarti	208	01:57:30.8	09:55:31	10:58:03	11:42:30.8
302	Noyes, Luka	302	02:01:23.5	09:57:42	10:58:35	11:46:23.5
218	Noyes, Aya	218	02:01:30.6	09:57:25	10:58:28	11:46:30.6
202	Jacusalem, Janice	202	02:12:58.3	09:57:54	11:08:15	11:57:58.3
204	Somera, Maricel	204	02:15:42.9	10:00:20	11:10:45	12:00:42.9
217	Nicolas, Lilibeth	217	02:17:45.7	10:05:03	11:11:05	12:02:45.7
268	Salaya, Armando	268	02:25:49.9	09:58:45	11:12:15	12:10:49.9
76A	So, Wai Yin	76A	02:34:40.2	10:05:53	11:22:24	12:19:40.2
214	Lam, Hoi Man	214	02:35:08.1	10:00:47	11:25:34	12:20:08.1
253	Wong, Wing Fai	253	02:37:13.4	09:56:59	11:21:20	12:22:13.4
76B	Poon, Kwong Wing	76B	02:37:17.6	10:03:49	11:25:39	12:22:17.6



Race #3: Hoi Ha

22-Sep-19

21 km

Male Veteran (39+)

Rank	Name	Bib No.	Result	CP2	CP4	CP6	Finish
1	Gontard, Nicolas	172	02:55:20.7	09:45:22	10:41:01	11:44:53	12:10:20.7
2	Butter, Thomas	169	03:06:34.5	09:45:06	10:43:41	11:55:50	12:21:34.5
3	Raine, Andrew	178	03:06:40.0	09:47:36	10:48:39	11:56:00	12:21:40.0
4	Baillet, Olivier	167	03:17:41.3	09:44:57	10:51:51	12:04:30	12:32:41.3
5	Bedford, Charles	185	03:19:49.4	09:46:43	10:46:57	12:04:19	12:34:49.4
6	Darbon, Lilian	170	03:25:05.1	09:51:46	11:01:38	12:11:53	12:40:05.1
7	Lyons, Steve	175	03:31:31.3	09:49:10	10:56:26	12:14:33	12:46:31.3
8	Delvart, Laurent	171	03:31:46.4	09:52:00	11:01:40	12:14:18	12:46:46.4
9	Yeung, Yin Shan	182	03:38:16.2	09:53:20	11:04:23	12:21:00	12:53:16.2
10	Noyes, Keith	177	03:43:51.1	09:53:29	11:04:02	12:24:56	12:58:51.1
11	Spieler, Gadi	179	03:57:23.8	09:51:44	11:08:38	12:36:56	13:12:23.8
	Tang, Jacky Kin Man	180	--:--:--	10:08:10	--:--:--	--:--:--	--:--:--
	Ho, Leo	174	03:08:01.9	10:00:10	--:--:--	--:--:--	12:23:01.9

Female Veteran (39+)

Rank	Name	Bib No.	Result	CP2	CP4	CP6	Finish
1	McCarroll, Jessica	108	03:39:15.5	09:53:11	11:06:55	12:22:28	03:39:15.5
	Chai, Gloria	106	--:--:--	09:57:36	11:25:56	12:54:48	--:--:--

Male Open (18-39)

Rank	Name	Bib No.	Result	CP2	CP4	CP6	Finish
1	Mlv, Matthieu	159	02:49:16.6	09:45:18	10:40:55	11:39:12	12:04:16.6
2	Sharp, Braedon	164	02:53:27.2	09:42:03	10:37:43	10:41:05	12:08:27.2
3	gomez, cyril	154	02:55:13.8	09:46:19	10:42:11	11:44:55	12:10:13.8
4	Van de Flier, Vasco	184	02:56:07.3	09:43:58	10:41:19	11:46:45	12:11:07.3
5	Recchia, Davide	163	03:04:49.3	09:47:56	10:46:25	11:55:52	12:19:49.3
6	Lee, Bernard	156	03:07:22.3	09:44:29	10:44:32	11:57:26	12:22:22.3
7	Morenval, Thibault	160	03:09:04.4	09:46:31	10:48:46	11:56:23	12:24:04.4
8	Bourki, Yannick	151	03:09:27.8	09:47:38	10:45:58	11:57:45	12:24:27.8
9	Tsang, Jim	165	03:12:42.3	09:50:01	10:53:28	12:00:44	12:27:42.3
10	Milne, Ian	158	03:31:39.5	09:49:07	10:52:54	12:16:55	12:46:39.5
	Li, Ka Wing	157	--:--:--	10:01:29	11:25:45	13:23:08	--:--:--
	Ou Yong, Sheng	161	--:--:--	09:45:29	10:46:53	--:--:--	--:--:--
	Fung, Fred	183	--:--:--	10:04:09	--:--:--	13:17:36	--:--:--
	Wong, Lawrence	166	--:--:--	--:--:--	--:--:--	--:--:--	--:--:--

Female Open(18-39)

Rank	Name	Bib No.	Result	CP2	CP4	CP6	Finish
1	Claxton, Leanne	101	03:23:12.2	09:49:46	10:58:37	12:08:04	12:38:12.2
2	Mccarroll, Alexandra	104	03:35:29.1	09:52:18	11:06:40	12:20:46	12:50:29.1
	Fung, Bonnie	103	--:--:--	09:58:04	11:12:54	12:46:36	--:--:--

Team of 2

Rank	Name	Bib No.	Result	CP2	CP4	CP6	Finish
1	Poon, Cedric	70	03:40:09.6	09:53:00	11:08:33	12:26:00	12:55:09.6
	Pun, Lisa	70	03:40:13.5	09:53:02	11:08:42	12:26:53	12:55:13.5
2	Debiasi, Matteo	71	03:52:56.3	09:55:18	11:10:46	12:33:49	13:07:56.3
	Ali, Gulsen	71	03:14:20.5	09:48:32	10:51:02	12:00:52	12:29:20.5
	Cheung, Edmund	72	--:--:--	09:58:28	11:26:17	--:--:--	--:--:--
	Law, Jeffrey	72	--:--:--	09:58:27	11:26:00	--:--:--	--:--:--



Race #3: Hoi Ha

22-Sep-19

21 km

Overall

Rank	Name	Bib No.	Category	Result	CP2	CP4	CP6	Finish
159	Mlv, Matthieu	256	M21open	02:49:16.6	09:45:18	10:40:55	11:39:12	12:04:16.6
164	Sharp, Braedon	301	M21open	02:53:27.2	09:42:03	10:37:43	10:41:05	12:08:27.2
154	gomez, cyril	259	M21open	02:55:13.8	09:46:19	10:42:11	11:44:55	12:10:13.8
172	Gontard, Nicolas	74B	M21vet	02:55:13.8	09:45:22	10:41:01	11:44:53	12:10:13.8
184	Van de Flier, Vasco	74A	M21open	02:56:07.3	09:43:58	10:41:19	11:46:45	12:11:07.3
163	Recchia, Davide	269	M21open	03:04:49.3	09:47:56	10:46:25	11:55:52	12:19:49.3
169	Butter, Thomas	267	M21vet	03:06:34.5	09:45:06	10:43:41	11:55:50	12:21:34.5
178	Raine, Andrew	271	M21vet	03:06:40.0	09:47:36	10:48:39	11:56:00	12:21:40.0
156	Lee, Bernard	266	M21open	03:07:22.3	09:44:29	10:44:32	11:57:26	12:22:22.3
160	Morenval, Thibault	225	M21open	03:09:04.4	09:46:31	10:48:46	11:56:23	12:24:04.4
151	Bourki, Yannick	206	M21open	03:09:27.8	09:47:38	10:45:58	11:57:45	12:24:27.8
165	Tsang, Jim	261	M21open	03:12:42.3	09:50:01	10:53:28	12:00:44	12:27:42.3
71A	Ali, Gulsen	223	TEAM21	03:14:20.5	09:48:32	10:51:02	12:00:52	12:29:20.5
167	Baillet, Olivier	263	M21vet	03:17:41.3	09:44:57	10:51:51	12:04:30	12:32:41.3
185	Bedford, Charles	221	M21vet	03:19:49.4	09:46:43	10:46:57	12:04:19	12:34:49.4
101	Claxton, Leanne	213	F21open	03:23:12.2	09:49:46	10:58:37	12:08:04	12:38:12.2
170	Darbon, Lilian	264	M21vet	03:25:05.1	09:51:46	11:01:38	12:11:53	12:40:05.1
175	Lyons, Steve	252	M21vet	03:31:31.3	09:49:10	10:56:26	12:14:33	12:46:31.3
158	Milne, Ian	260	M21open	03:31:39.5	09:49:07	10:52:54	12:16:55	12:46:39.5
171	Delvart, Laurent	251	M21vet	03:31:46.4	09:52:00	11:01:40	12:14:18	12:46:46.4
104	Mccarroll, Alexandra	207	F21open	03:35:29.1	09:52:18	11:06:40	12:20:46	12:50:29.1
182	Yeung, Yin Shan	219	M21vet	03:38:16.2	09:53:20	11:04:23	12:21:00	12:53:16.2
108	McCarroll, Jessica	257	M21open	03:39:15.5	09:53:11	11:06:55	12:22:28	12:54:15.5
70B	Poon, Cedric	258	TEAM21	03:40:09.6	09:53:00	11:08:33	12:26:00	12:55:09.6
70A	Pun, Lisa	201	TEAM21	03:40:13.5	09:53:02	11:08:42	12:26:53	12:55:13.5
177	Noyes, Keith	216	M21vet	03:43:51.1	09:53:29	11:04:02	12:24:56	12:58:51.1
71B	Debiasi, Matteo	215	TEAM21	03:52:56.3	09:55:18	11:10:46	12:33:49	13:07:56.3
179	Spieler, Gadi	265	M21vet	03:57:23.8	09:51:44	11:08:38	12:36:56	13:12:23.8
103	Fung, Bonnie	210	F21open	04:08:11.9	09:58:04	11:12:54	12:46:36	13:23:11.9
174	Ho, Leo	212	M21vet	03:08:01.9	10:00:10	--:--:--	--:--:--	12:23:01.9
106	Chai, Gloria	209	F21open	--:--:--	09:57:36	11:25:56	12:54:48	--:--:--
157	Li, Ka Wing	211	F21open	--:--:--	10:01:29	11:25:45	13:23:08	13:23:08
161	Ou Yong, Sheng	205	M21open	--:--:--	09:45:29	10:46:53	--:--:--	--:--:--
183	Fung, Fred	203	M21open	01:48:52.6	10:04:09	--:--:--	13:17:36	13:17:36
166	Wong, Lawrence	224	M21open	01:50:11.1	--:--:--	--:--:--	--:--:--	--:--:--
180	Tang, Jacky Kin Man	255	M21vet	01:53:08.0	10:08:10	--:--:--	13:26:40	13:26:40
72B	Cheung, Edmund	220	TEAM21	01:55:31.7	09:58:28	11:26:17	--:--:--	--:--:--
72A	Law, Jeffrey	75A	TEAM21	01:56:15.6	09:58:27	11:26:00	--:--:--	--:--:--



Race #3: Hoi Ha

22-Sep-19

8 km

Youth

Rank	Name	Bib No.	Result	CP1	CP3	Finish
1	Lyons, Issy	301	01:59:39.8	09:52:27	10:28:29	10:54:39.8
2	Noyes, Luka	302	02:01:23.5	09:57:42	10:58:35	11:46:23.5

Male Veteran (39+)

Rank	Name	Bib No.	Result	CP1	CP3	Finish
1	Fouquet, Jean Charles	259	01:11:00.4	09:52:18	10:29:32	10:56:00.4
2	Tam, Ide	269	01:12:33.0	09:54:35	10:29:36	10:57:33.0
3	Molnar, Christopher	267	01:13:07.6	09:52:25	10:30:52	10:58:07.6
4	Fjeldahl, Torbjorn	271	01:13:19.3	09:51:40	10:30:12	10:58:19.3
5	Li, Chan	266	01:14:58.5	09:52:58	10:32:54	10:59:58.5
6	Garcia Campo, Santiago	261	01:22:34.5	09:54:43	10:37:07	11:07:34.5
7	Kwok, Kelvin	263	01:24:07.1	09:55:18	10:39:08	11:09:07.1
8	Lau, Samson	264	01:25:31.0	09:56:33	10:39:03	11:10:31.0
9	Fu, Yin Wing	260	01:25:52.0	09:56:11	10:39:10	11:10:52.0
10	Burton, Scott	257	01:29:06.7	09:51:28	10:27:25	11:14:06.7
11	Demaisip, Louel	258	01:31:18.3	09:55:47	10:40:27	11:16:18.3
12	Lee, Che Wai	265	01:34:58.4	09:56:29	10:46:02	11:19:58.4
13	Salaya, Armando	268	02:25:49.9	09:58:45	11:12:15	12:10:49.9

Female Veteran (39+)

Rank	Name	Bib No.	Result	CP1	CP3	Finish
16	Wada-Thomas, Naoko	221	01:24:18.7	09:55:43	10:38:07	11:09:18.7
17	Ko, Pamela Charlie	213	01:24:30.1	09:53:50	10:37:43	11:09:30.1
18	Taperre, Joyce	219	01:28:05.1	09:55:23	10:38:03	11:13:05.1
19	Lopez, Rocio	216	01:33:42.5	09:55:53	10:44:11	11:18:42.5
20	Leung, Yim Ting	215	01:34:34.7	09:58:02	10:46:23	11:19:34.7
21	Dela Cruz, Cristina	210	01:38:52.4	09:55:55	10:45:32	11:23:52.4
22	Gillies, Elisa	212	01:39:10.6	09:54:17	10:42:24	11:24:10.6
23	Cabria, Sharon S.	209	01:43:49.6	09:57:34	10:49:31	11:28:49.6
24	Escano, Lovella	211	01:43:55.1	09:57:59	10:49:32	11:28:55.1
25	Lim, Kaling	224	01:50:11.1	09:55:50	10:53:23	11:35:11.1
26	Tarnate, Cynthia	220	01:55:31.7	09:58:23	10:57:58	11:40:31.7
27	Noyes, Aya	218	02:01:30.6	09:57:25	10:58:28	11:46:30.6
28	Nicolas, Lilibeth	217	02:17:45.7	10:05:03	11:11:05	12:02:45.7
29	Lam, Hoi Man	214	02:35:08.1	10:00:47	11:25:34	12:20:08.1

Race #3: Hoi Ha



22-Sep-19

8 km

Male Open (18-39)

Rank	Name	Bib No.	Result	CP1	CP3	Finish
1	Yuen, Isaac	256	01:21:11.1	09:53:15	10:25:01	10:51:11.1
2	Kelleher, Jackson	252	01:40:43.5	09:53:11	10:36:28	11:10:43.5
3	Avern, Neil	251	01:41:44.8	09:55:40	10:39:30	11:11:44.8
4	YIM, Tsun Lok	255	02:08:08.0	09:58:35	10:52:38	11:38:08.0
5	Wong, Wing Fai	253	02:52:13.4	09:56:59	11:21:20	12:22:13.4

Female Open(18-39)

Rank	Name	Bib No.	Result	CP1	CP3	Finish
1	Whitehair, Jennifer	225	01:32:12.7	09:54:27	10:32:23	11:02:12.7
2	Calivo, Myrrha	206	01:34:45.5	09:54:19	10:34:47	11:04:45.5
3	Shing, Serena	223	01:38:26.1	09:53:52	10:37:46	11:08:26.1
4	Luscaw, Daisy	207	01:42:08.8	09:54:05	10:38:54	11:12:08.8
5	Arangorin, Maricel	201	01:48:21.3	09:55:35	10:39:56	11:18:21.3
6	Safavi, myreil	205	02:01:45.9	09:59:34	10:51:53	11:31:45.9
7	Sabondo, Anna Cel Gal	203	02:03:52.6	09:56:00	10:47:10	11:33:52.6
8	Mimi, Asminarti	208	02:12:30.8	09:55:31	10:58:03	11:42:30.8
9	Jacusalem, Janice	202	02:27:58.3	09:57:54	11:08:15	11:57:58.3
10	Somera, Maricel	204	02:30:42.9	10:00:20	11:10:45	12:00:42.9

Team of 2

Rank	Name	Bib No.	Result	CP2	CP4	CP6
1	Richard, Valerie	74	01:26:47.9	09:53:04	10:29:51	10:56:47.9
	Noraz, Pierre	74	01:26:50.0	09:53:01	10:29:52	10:56:50.0
2	Jocson, May	75	02:11:15.6	09:58:22	10:58:33	11:41:15.6
	Mataganas, Tata	75	02:11:21.2	09:58:07	10:58:21	11:41:21.2
3	So, Wai Yin	76	02:49:40.2	10:05:53	11:22:24	12:19:40.2
	Poon, Kwong Wing	76	02:52:17.6	10:03:49	11:25:38	12:22:17.6